

City Run & Fun Walks 2016-2017



1

Zombie Fun Run

Date: Saturday, October 8
Time: 6:00 PM
Location: Start & Finish
West Wetlands Park

2

Turkey Trot

Date: Saturday, November 12
Time: 8:15 AM
Location: Start & Finish
Gateway Park

3

Reindeer Round-up

Date: Saturday, December 17
Time: 8:15 AM
Location: Start & Finish
West Wetlands Park

4

New Year's Resolution

Date: Saturday, January 7
Time: 8:15 AM
Location: Start & Finish
West Wetlands Park

5

Great Yuma Road Race

Date: Saturday, February 11
Time: 8:15 AM
Location: **Start**, 15th St. & 4th Ave., Empty Lot on East Side. **End**, Gateway Park

6

March on City Finals

Date: Saturday, March 4
Time: 8:15 AM
Location: Start & Finish
West Wetlands Park

"Run when you can, walk if you have to, crawl if you must; just never give up."

-Dean Karnazes

Free

FREE to ALL Yuma County Employees & dependents on health plan that participate in the event. (Cost is covered through Wellness from the YCEBT). On Site Registration fee will not be available.

Sign Up

The registration form for this event is attached to this email. Events will be available on a month to month basis only. *Family (not on health plan) & Friends wishing to participate may do so by contacting the City of Yuma Parks & Recreation (928) 373-5200 for registration and payment information.*

Trail Info.

Most of the course is run on paved and groomed trails, but sometimes the course may be rugged with graveled areas. Heavy duty strollers, such as jogging strollers, are highly recommended for those participants that have small children with them.

T-Shirt

All County Employees & dependents on the County health plan who participate will receive a T-Shirt.
(Only one T-Shirt per participant)

Contact Info.

Please email, fax or drop off registration forms to the Human Resources Dept., 198 Main Street, by the deadline/cutoff date.

Mayra Parra

Benefits Supervisor

mayra.parra@yumacountyaz.gov

Telephone: (928) 373-1165 Fax# (928) 373-1089



County Employee Registration Form

City Run & Fun Walks Events

Questions contact

Mayra Parra

Benefits Supervisor
(928) 373-1165

Email registrations to:
mayra.parra@yumacountyaz.gov

Fax registrations to:
(928) 373-1089

Reindeer Roundup

Date: Saturday, December 17

Time: 8:15 AM

Start/Finish Location: West Wetlands Park

REGISTRATION DEADLINE:
Monday, Dec 12 @ 12:00 PM

Employee Information:	Name	Circle One 5K Walk 5K Run 10K Run	Age	Circle one Male / Female
Address:				
City / State:				
Zip code:				
Phone– Work/ Home/Cell:				
Participating Dependent Information	Name	Circle One 5K Walk 5K Run 10K Run	Age	Circle one Male / Female
1		5K Walk 5K Run 10K Run		Male / Female
2		5K Walk 5K Run 10K Run		Male / Female
3		5K Walk 5K Run		Male / Female
4		5K Walk 5K Run		Male / Female
5		5K Walk 5K Run		Male / Female

I, the undersigned hereby release the City of Yuma Parks & Recreation Department; it's instructors, leaders, supervisors, staff & volunteers of any liability that may incur while participating in the 2016/2017 5K/10K Runs & Fun Walks. I further understand that the City of Yuma does not carry accident insurance for this program. The Yuma County Wellness Program and City Parks & Recreation Department reserves the right to photograph facilities, activities and program participants for potential future use. All photos/videos will remain the property of the Yuma County Wellness Program and City Parks & Recreation and may be used for publicity or promotion purposes.

Employee Signature (Must be signed by parent/guardian if under 18)

Date